

## Take Our Core Classes:

- DTD Childbirth Class
- DTD Birth Doula Training

## Begin our Online, Self-Paced Certification Course!

Take these short courses:

- DTD Postpartum Class
- DTD Infant Feeding Class

Agree to follow by signing our Standards of Practice and Code of Ethics.

Read six books from our 21 item reading list and submit a response essay/video for each book/audiobook.

Attend six births. Submit a birth story, feedback from parents and nurses/midwives; and a reflection essay/video for each birth. Be accompanied by a qualified doula of your choice at a birth or schedule some discussion time with your trainer/coach.

Submit materials for review!

**COMPLETE CERTIFICATION  
AS QUICKLY OR SLOWLY  
AS YOU WOULD LIKE!**



## Would you like more interaction with other doulas?

Join our Book Club to discuss books on the Reading List.



## Want more support?

Your Trainer becomes your Coach in Foundations of Doula Support. Designed to help you set up your doula business, find and book your first clients, and attend your first births, you receive nine small group meetings plus one hour one on one with your Coach!